



# ICAR-Central Institute of Fisheries Education

(University under Sec.3 of UGC act 1956 )

Indian Council of Agricultural Research

Panch Marg, Off Yari Road, Versova, Andheri(W), Mumbai - 400 061



## Personality Development and Career Counselling Unit and Placement and Entrepreneurship Development Cell



### Welcome to CIFE's hub for professional excellence!

ICAR-CIFE's Personality Development and Career Counselling Unit and Placement and Entrepreneurship Development Cell works with following objectives and undertakes following objectives for the overall development of CIFE students.

#### Objectives and Activities

##### 1. Personality Development

- Communication Skill programmes
- Stress Management
- Personality Development Workshops

##### 2. Career Counselling

- Interview Skills Workshops
- Information about placement opportunities to students
- Communications with potential industries for student placements

##### 3. Entrepreneurship Development

- Cultivating an entrepreneurial mind set through mentorship and resources
- Industry Interactions and Collaborations

### Our Team



#### Dr. Arpita Sharma (Chair)

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## Interview Skills Workshops

The team members Dr. Arpita Sharma, Dr. Manish Jayant, Dr. Kapil, Dr. Deepitha and Abuthagir successfully organized two Interview Skills Workshops (28-08-2023 and 1-11-2023) with an aim to prepare students for job interviews in the fisheries sector. These sessions provided valuable insights into interview processes, grooming and effective communication helping students build confidence and readiness for real-world job interviews. Feedbacks received from students have been very good.



## Virtual Placement Fairs

The team members Dr. Arpita Sharma and Dr. Manish Jayant have been proactive in forwarding relevant job notifications to students through email and other social media platforms. This timely dissemination ensures that students are informed about job opportunities in the field of fisheries, facilitating their job search and application process.

Dr. Arpita Sharma and Dr. Manish Jayant organised and coordinated the Virtual Placement Fair with company Waterbase Ltd. on 2<sup>nd</sup> February, 2023 at ICAR-CIFE, Mumbai. Seventeen students from 7 disciplines attended the Placement Fair. Following 17 students attended.



S.No	Name	Disciplines
1.	Aatira Farooq	Aquaculture
2.	Bharathi raja.p	Aquaculture
3.	Sourav Bhadra	Aquaculture
4.	Thatikonda Bhargavi	Aquatic Animal Health
5.	Pritam Sarkar	Aquatic environment Management
6.	Dhawad Bhavana Raju	Aquatic environment Management
7.	Pardeep. A	Fish Biotechnology
8.	Pratik.MR	Fish Biotechnology
9.	Vinay Kumar P	Fish Biotechnology
10.	Porkodi.M	Fish Genetics & Breeding
11.	Shreyasi Kar	Fish Genetics and Breeding
12.	Komuhi NB	Fish Physiology and Biochemistry
13.	Subham Bakli	Fish Physiology and Biochemistry
14.	Deboshmita Dey	Fisheries Extension
15.	Geetha M	Fisheries Extension
16.	Priyanka Mushkam	Fisheries Extension
17.	Sousriti Kar	Post-Harvest Technology



Seven students were selected by the Waterbase Ltd. during Campus Placements.

S. No	Name of the Candidates	Educational Qualification	Department
1.	Aatira Farooq	M.F.Sc, Aquaculture	Nutrition and Formulation
2.	Vinay Kumar P	M.F.Sc, Fish Biotechnology	Nutrition and Formulation
3.	Bharathi raja.p	M.F.Sc, Aquaculture	Quality control Feed plant
4.	Geetha M	M.F.Sc, Fish Extension	Quality control Feed plant
5.	Pratik.MR	M.F.Sc, Fish Biotechnology	Quality control Feed plant
6.	Subham Bakli	M.F.Sc, Fish Physiology and Biochemistry	Quality control Feed plant
7.	Sourav Bhadra	M.F.Sc, Aquaculture	R&D/ Farming Technical

## Placement Assistance

Dr. Arpita Sharma and Dr. Sanath Kumar organised placement with HDFC bank. Written exam and interviews were conducted by HDFC bank. Student Ankit Kumar, Division- Fish Nutrition Biochemistry and Physiology (FPBMB1-01) got selected as HDFC Bank as Relationship Manager. In this, total 8 students applied and appeared for the written exam and 5 students got selected for the interview and out of those 2 students were selected by HDFC.

## Personality Development Programme on Stress Management

The team members Dr. Arpita Sharma and Dr. Abuthagir organized an insightful Training Programme on 'Stress Management' on November 30, 2023. The event aimed to equip students with essential tools and techniques to effectively manage stress in their personal and professional lives. The keynote speaker for the event was Ranjana Makharia, a Certified Holistic Healer renowned for her expertise in stress management techniques. She delivered an engaging and informative session, blending theoretical knowledge with practical exercises and real-life examples to illustrate the impact of stress on individuals and strategies to mitigate its effects. She guided participants through relaxation techniques, mindfulness practices, and effective time management methods, offering valuable insights into coping mechanisms that can alleviate stress in day-to-day life. The interactive nature of the session encouraged active participation from the students. Students enthusiastically engaged with Ms. Makahria, asking questions and sharing their own experiences and perspectives on stress management.

